WHAT IS CLAIMED IS:

- 1. A collection of particles comprising:
 - a) metal oxide or silicon oxide, and;
- b) at least about 1 percent by weight carbon, the collection of particles having an average diameter from about 5 nm to about 1000 nm.
- 2. The collection of particles of claim 1 wherein the collection of particle have an average diameter from about 5 nm to about 100 nm.
- 3. The collection of particles of claim 1 wherein the collection of particles have an average diameter from about 5 nm to about 50 nm
- 4. The collection of particles of claim 1 wherein the carbon is amorphous.
- 5. The collection of particles of claim 1 wherein the metal oxide or silicon oxide comprises titanium dioxide.
- 6. The collection of particles of claim 1 wherein the metal oxide or silicon oxide comprises crystalline metal oxide.
- 7. The collection of particles of claim 1 wherein the metal oxide or silicon oxide comprises crystalline metal oxide core coated with carbon.
- 8. The collection of particles of claim 1 wherein the metal oxide or silicon oxide comprises silicon dioxide.
- 9. The collection of particles of claim 1 wherein 95 percent of the particles have a diameter greater than about 40 percent of the average diameter and less than about 160 percent of the average diameter.
- 10. The collection of particles of claim 1 wherein effectively no particles have a diameter greater than about four times the average diameter.

- 11. The collection of particles of claim 1 wherein 95 percent of the particles have ratios of the dimension along the particle's major axis to the dimension along the particle's minor axis less than about 2.
- 12. The collection of particles of claim 1 wherein the collection of particle comprises at least about 5 percent by weight carbon.
- 13. A method of producing particles comprising a metal oxide or silicon oxide, and a carbon deposit, the method comprising pyrolyzing a molecular stream in a reaction chamber, the molecular stream comprising a metal precursor or silicon precursor, an oxidizing agent, an infrared absorber and a carbon source, where the pyrolysis is driven by heat absorbed from a laser beam under conditions suitable to generate a carbon deposit.
- 14. The method of clasm 13 wherein the metal oxide or silicon oxide comprises titanium oxide.
- 15. The method of claim 14 wherein the titanium precursor is selected from the group consisting of titanium tetrachloride and titanium isopropoxide.
- 16. The method of claim 13 wherein the carbon source comprises C_2H_4 or C_6H_6 .
- 17. The method of claim 13 wherein the particle have an average diameter from about 5 nm to about 1000 nm.
- 18. A collection of nanoparticles, the nanoparticles comprising rutile titanium dioxide.
- 19. The collection of nanoparticles of claim 18 wherein the nanoparticles have an average diameter from about 5 nm to about 100 nm.
- 20. The collection of nanoparticles of claim 18 wherein effectively no particles have a diameter greater than about four times the average diameter.

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